

Adventure in Yunnan (Tropic Rain Forest + Female's Kingdom + Shangri-la)

Day01 Arrive in Beijing

Arrive in Beijing, the capital of China. Meet your guide upon arrival and be transferred to your comfortable hotel. (D)

Day02 Beijing

Begin the day's activity with a visit to **Tian'anmen Square**, the largest urban square in the



world. Then, move on to visit the Imperial Palace, also known as the "**Forbidden City**", the biggest palace complex in the world. In the afternoon, visit the enchanting **Summer Palace**, one of China's largest and best-preserved royal gardens, where you can have a walk along the famous Long Corridor. A **Peking Duck Dinner**

concludes your first full day activities in China. (B-L-D)

Day03 Beijing

Today's highlight is your visit to **the Great Wall**, one of the "Seven Wonders of the World" and a symbol of Chinese civilization. Just like a gigantic dragon, the Great Wall winds up and down across mountains. A short drive away is the statue-lined **Shenlu (Spirit Road)** leading to the **Ming Tombs**, here you can see some marvelous stone sculptures. The Ming Tombs area is for deceased emperors of the Ming Dynasty. (B-L-D)

Day04 Beijing-Xi'an

After breakfast, visit **Temple of Heaven** where the emperors of Ming and Qing Dynasties worshipped heaven and prayed for good harvest. Then, take a flight to Xi'an. Climb the ancient **City Wall** and visit **Forest of Steles Museum** where precious stone carvings and sculptures are kept. (B-L-D)

Day05 Xi'an

Begin the day's activity with an once-in-a-lifetime viewing of the extraordinary 2,200-year-old **Terracotta Warriors** of China's first feudal Emperor, Qin Shihuang. On your way back to the city, stop at a mountain village and meet local residents. After lunch, visit the superb **Shannxi History Museum**, the best of its kind in China. Visit to **Big Wild**

Goose Pagoda which was built in 652 A.D. It contains a large volume of Buddhist scriptures which were obtained from India by the eminent monk of Xuanzang. Enjoy a characteristic **dumpling dinner** at a local restaurant. (B-L-D)

Day06 Xi'an-Kunming

In the morning, fly to Kunming, known as "The City of Eternal Spring". Afternoon you will visit to the **Western Hill**, from the top of which you get through the **Dragon Gate** and get a beautiful panoramic view of Dianchi Lake. (B-L-D)

Day07 Kunming-JingHong

After breakfast, you will drive 37km along Lancangjiang River to **Ganlan Ba (Olive Basin) Area**, this area of rain forest and tall bamboos acquired its name from its shape and verdant greenery. And pay a visit to **Olive Basin Country Market, Dai People's Hinayana Temple, Dai & Hani village** along the way. Then drive 48 km to **Menglun Botanical Garden**, the largest tropical botanical garden in China established in 1959. (B-L-D)

Day08 Jinghong

Visit the **Wild Elephant Valley** (by cable car), visit **Jinuo Village** and enjoy the view of huge range of National Forest Reserve along the way. Walk in forest paths, touring fantastic virgin forests and wild elephant valley where by chance, people could see wild elephant wondering around the valley. (B-L-D)

Day09 Jinghong-Dali

Visit **Xishuanbanna Minority's Garden** and **Herbal Medicine's Research Centre**. Take afternoon flight to Dali, the name of Dali comes from the Chinese word for marble Dali stone. (B-L-D)

Day10 Dali

Dali is a historically and culturally famous city of China, which is renowned for her historical interests. Dali City stands against Cangshan Mountain in the west and adjoins Erhai Lake in the east, and is embraced by undulating hills around. You will have a **cruise on the Erhai Lake**, and enjoy Three Flavors of Tea with Bai People's Performances in Xizhou old town. Visit the **Three Pagodas of Chongsheng Monastery**, Bai People's tie-dying cloth on Zhoucheng village. Explore **Dali Ancient Town**. (B-L-D)



Day11 Dali-Lijiang

Drive to Lijiang after breakfast and stop at Jian Chuan. Sightsee of **Shibao Mountain Stone Caves**, just like gem as bright as Dunhuang in Gansu, Yungang in Shanxi, Longmen in Henan, and Dazu in Sichuan. You will also visit **Sideng Street in Shaxi**,

ancient fair place along the tea-horse merchant's track. (B-L-D)

Day12 Lijiang

Visit the **World Heritage Park of Lijiang** showing you a subminiature Lijiang, **Suhe Tea and Horse Old Town**, **Baisha Murals** in Baisha Naxi village and **Black Dragon Pool** to have a look at the renowned Moon Embracing Pavilion. You will have some time for sightseeing of the **Old Town of Lijiang**, also known as Dayan Town with Sifang Street at the core, the entire city spreads out in all directions, and is crisscrossed by a labyrinth of flagged streets and alleyways. (B-L-D)

Day13 Lijiang-Lugu Lake

Drive to Lugu Lake and enjoy the beautiful high plateau scenery on the way. Lugu Lake is the native place of "The Female's Kingdom" composed of Mosuo People, a branch of Naxi Nationality. You can Sing and Dance with local **Mosuo people** in the evening. (B-L-D)

Day14 Lugu Lake-Lijiang

Cruise on beautiful Lugu Lake, sightseeing of **Liwubi Island** in the lake. Then, visit **Mosuo villages' house** and then drive back to Lijiang. (B-L-D)

Day15 Lijiang-Zhongdian



After breakfast, you will drive 47km to Stone Drum Village (47km) reaching the first Bend of Yangtze River, then, drive 50km to **Tiger Leaping Gorge**. Tiger Leaping Gorge, one of the world's greatest four gorges, is located in Hutiaoxia Town in Zhongdian County and is honored as one of the deepest and most marvelous gorges on the globe. Then, continue driving 105km to Zhongdian (Capital city of Deqen

Tibetan Auto. Prefecture), where is close to Tibet and known as Shangri-La (a hidden paradise in James Hilton's 1933 novel --- The Lost Horizon). (B-L-D)

Day16 Zhongdian

After breakfast, pay a visit to **Songzanlin Lamasery**, or "Second Potala" as it is affectionately known, a spiritual place that invites you to discover the mystery and traditions of Tibetan Buddhism. Then, pay a visit to **Shudu Lake**, **Bita Lake** and **Xiaji Tibetan Village**. Shudu Lake is an ancient intact natural attraction with outstanding flora, fauna and picturesque landscapes. Bita Lake is a huge alpine lake, surrounded by forests, with a small tree-covered island in its middle. (B-L-D)



Day17 Zhongdian-Kunming-Shanghai

Fly to Shanghai via Kunming. Shanghai is well-known as “Paris in the east”. Visit **the Bund**, at the west shore of the Huangpu River, the Oriental Pearl TV Tower and the Jin Mao Tower can be seen on the opposite side. The splendid row of early 20th century Europe buildings remains the quintessential Shanghai sight. A fabulous **Acrobatic Show** concludes your first day in Shanghai. (B-L-D)

Day18 Shanghai

Visit fascinating **Yuyuan Garden**, a well-restored Suzhou-style garden, and take a walk through the Old Town filled with antique markets and specialty stores. Move on to check out the **St. Ignatius Cathedral** (Xujiahui Cathedral) built in 1846. Wander around the former French Concession represented by the leafy **Fuxing Park** and the architecture in the area. Then pay a visit to the **Jade Buddha Temple** where two rare jade statues of Sakyamuni Buddha are treasured. You will have some free time in the afternoon to explore the city. (B-L-D)

Day19 Depart from Shanghai

Be transferred to the airport and prepare for boarding on your homebound flight. (B)

