

Hotel (or the same standard):

Beijing: \*\*\*\* Guangxi Hotel & \*\*\* Ping An Fu Hotel  
Xi'an: \*\*\*\* Wan Nian Grand Hotel & \*\*\* Wan Nian Grand Hotel  
Lhasa: \*\*\* Dungu Hotel Lhasa  
Xigatse: \*\*\* Xigatse Hotel  
Shanghai: \*\*\*\* Dorure Hotel & \*\*\* Shanghai Harbour Hotel

- High Season: April, May, July 20th-July 31st, Aug., Sep., Oct., Nov.1st-Nov.15th
- Shoulder Season: Mar., June, July 1st-July 19th, Nov.16th-Nov.30th
- Low Season: Dec., Jan., Feb.

[ Tour code: **GW-TE-001** ]      **The Roof of the World - Tibet**  
**Beijing, Xi'an, Lhasa, Gyantse, Xigatse, Shanghai (12 days)**

With average altitude above 4000 meters high, Tibet is the largest and highest plateau in the world. Therefore it is called the "Roof of the World", which is an unforgettable land of Pastoral nomads, mysterious gompas and vast breath-taking panoramas. With colorfully dressed monks and clouds of incense wafting out of beautiful monasteries, Tibet is a land of mysteries that has long intrigued outsiders. With Buddhism permeating every aspect of Tibetans' lives, it is a holy and sacred land that inspires many.

**Day01 Arrive in Beijing**

Arrive in Beijing, the capital of China. Meet your guide upon arrival and be transferred to your comfortable hotel. (D)

**Day02 Beijing**



Begin the day's activity with a visit to **Tian'anmen Square**, the largest urban square in the world. Then, move on to the Imperial Palace, also known as the "**Forbidden City**", the biggest palace complex in the world. In the afternoon, visit the enchanting **Summer Palace**, one of China's largest and best-preserved royal gardens, where you can have a walk along the famous Long Corridor. A **Peking Duck Dinner** concludes your first full day activities in China. (B-L-D)

**Day03 Beijing-Xi'an**

Today's highlight is your visit to **the Great Wall (Badaling Section)**, one of the "Seven Wonders of the World" and a symbol of Chinese civilization. Just like a gigantic dragon, the Great Wall winds up and down across mountains. Then, move on to visit the **Ming Tombs (Changling Tomb)** area where is for deceased emperors of

the Ming Dynasty. Take an evening flight to Xi'an. Check in hotel on arrival. (B-L-D)

#### **Day04 Xi'an**

Begin the day's sightseeing with an once-in-a-lifetime viewing of the extraordinary 2,200-year-old **Terracotta Warriors** of China's first feudal Emperor, Qin Shihuang. Then, visit the **Big Wild Goose Pagoda** which was built in 652 A.D. It contains a large volume of Buddhist scriptures which were obtained from India by the eminent monk of Xuanzang. You will also visit **Forest of Steles Museum** where precious stone carvings and sculptures are kept. Enjoy a characteristic **dumpling dinner** at a local restaurant. (B-L-D)



#### **Day05 Xi'an-Lhasa**



Take a morning flight to Lhasa, an amazing city where devout Buddhists and the fashionable set enjoy their lives in different ways. The guide will meet you at Konggar Airport, and transfer you to Lhasa city with about one and a half hours' driving (100km). On the way, you'll get greeted with Nie Tang Buddha – a Buddha image engraved in the mountain face. On arrival at the hotel, rest and acclimatize yourself to the

local time and altitude. (B)

(Attention: No lunch and dinner will be included for the FIT group in Tibet, because the offer for the individual tourist is not good, we suggest the client can choose the meal by themselves.)

#### **Day06 Lhasa**

The first day of sightseeing starts from Lhasa's cardinal landmark- **Potala Palace**, a structure of massive portions. It's towering image already appearing on various occasions, but your first sight of the Potala will still be an awe-inspiring moment. It takes at least a good 2-hour to visit those rooms, halls and chapels. Some 2km to the east of the Potala is the most revered religious structure and the holiest temple in Tibet - **Jokhang Tempel**. Bustling with worshippers and redolent with mystery, the Jokhang is an unrivaled experience. The quadrangle of streets surrounding the Jokhang is the **Barkhor Market** - Lhasa's most interesting pilgrimage circuit. This area of the Old Town is both the spiritual heart of Lhasa and the main commercial district for Tibetans. (B)



## Day07 Lhasa



Sightsee the **Drepung Monastery**, **Sera Monastery** and **Norbulingka** in Lhasa. Drepung Monastery, the largest and richest monastery in Tibet, was founded in 1416 by a disciple of Tsong Khapa under the patronage of a noble family and later enlarged by the Fifth Dalai Lama. Nowadays it stands as Tibet's most important and largest monastic university in

Tibet. Norbulingka Park (Treasure Garden) was built in the 1740s during the reign of the Seventh Dalai Lama. Later it was renovated and enlarged and became the Dalai Lama's Summer Palace. Sera Monastery is located a few miles to the north of Lhasa, and is one of the three largest monasteries. (B)

## Day08 Lhasa-Gyantse

Drive from Lhasa to Gyantse. In Gyantse, visit **Kumbum Monastery** which also be called "Ten Thousand of Buddha Stupa", the Kumbum Stupa designed by architects from Nepal. Overnight in Gyantse. (B)

## Day09 Gyantse-Xigatse-Lhasa

Xigatse is the second largest city of Tibet. Visit the **Tashilhunpo Monastery**, the new Palace of Panchen Lama. Miles away from Xigaste, you can already see the gold tops of Tashilhunpo Monastery shining under the sun. While Tashilhunpo's magnificent outside may make you gasp in admiration, its inside just offers you more religious tranquility and sincerity. Then, drive back to Lhasa. (B)



## Day10 Lhasa-Xi'an-Shanghai

Take a morning flight to Shanghai via Xi'an. Take a stroll on **the Bund**, at the west shore of the Huangpu River, the Oriental Pearl TV Tower can be seen on the opposite side. The splendid row of early 20th century Europe buildings remains the quintessential Shanghai sight. (B-L-D)

## Day11 Shanghai



Visit fascinating **Yuyuan Garden**, a well-restored Suzhou-style garden, and take a walk through the Old Town filled with antique markets and specialty stores. Then, you will visit marvelous **Shanghai Museum**, a leading attraction of the city since it opened in 1994, containing some priceless collections of paintings, porcelains and bronzes. You will also have some free time to explore the city by your own. (B-L-D)

**Day12 Return from Shanghai**

Be transferred to the airport and board on your homebound flight. (B)

