

[Tour code: TE-002]

Beijing-Lhasa-Gyantse-Shigatse-Tingri-Chengdu-Guangzhou (14 Day)



Day01 Arrive in Beijing Arrive Beijing Arrive Beijing, the capital of the People's Republic of China. Meet your guide upon arrival and transfer to your deluxe hotel. (D)

Day02 Beijing Beijing Morning tour to Tiananmen Square, located in the heart of the capital, and the Imperial Palace, known as the Forbidden City - one of the greatest feats of ancient Chinese architecture. Afternoon sightseeing includes Summer Palace - a former summer resort area of the royal family. Welcome Peking Duck Banquet in the evening. (B-L-D)

Day03 Beijing Beijing Full day excursion to the Great Wall - the landmark of China. It is one of the most amazing feats of human labour - the only man-made construction on earth visible from outer space. After lunch, a drive to the Ming Tombs along the Sacred Way with giant marble figures and animals guarding the tomb area for deceased emperors of the Ming Dynasty.(B-L-D)

Day04 Beijing-Lhasa Beijing to Lhasa, take morning flight to Lhasa via Chengdu. Upon arrival, transferred to hotel. Rest of the day is free for you to get accustomed to the Tibetan climate and altitude. (B-D)

Day05 Lhasa Your visit in Lhasa begins with the highest palace in the world, the Potala Palace, famed as a bright pearl on "the Roof of the World" and Jokang Temple,

one of Buddhism's holiest shrines, Drepong Monastery and a Tibetan carpet factory.(B-L-D)

Day06 Lhasa-Xigaze Lhasa to Xigaze Leaving early in the morning, we drive through astonishing varied scenery and part nomadic settlements to Xigaze, Tibet's second largest city. Afternoon visit to Panchen Lama's home and Tashilumpo Monastery, built in 1447, which is a mystical assembly of gold, red and white, where you can see monks at prayer. There is also a stop to see Kumbun Stupa at Gyantse.(B-L-D)

Day07 Xigaze-Dingri Lhasa to Xigaze Leaving early in the morning, we drive through astonishing varied scenery and part nomadic settlements to Xigaze, Tibet's second largest city. Afternoon visit to Panchen Lama's home and Tashilumpo Monastery, built in 1447, which is a mystical assembly of gold, red and white, where you can see monks at prayer. There is also a stop to see Kumbun Stupa at Gyantse.(B-L-D)



Day08 Dingri-Mt.Everest Dingri ToMt.Everest Visit Rongbu Monastery, then drive to the Base Camp of Mt.Everest. Trekking in the foot of the Mt.Everest.(B-L-D)

Day09 Mt.Everest -Lhatze Drive to Lhatze and overnight. (B-L-D)

Day10 Lhatze-Lhasa Morning is free to shop and explore. Moving through the rapidly changing scenery of central Tibet and descend to the valley of the holly river, we finally drive back to Lhasa.(B-L-D)

Day11 Lhasa Sightseeing today includes the Norbulingka Park, the Sera Monastery, then a visit to hospitable Tibetan family and take a stroll in the open market Barkhor. (B-L-D)

Day12 Lhasa-Chengdu Return to Chengduu by air in the morning. Afternoon visit to Du Fu's Thatched Roof Cottage and Marquis Wu's Temple. (B-L-D)

Day13 Chengdu-Guangzhou Leave for Guangzhou, the southern gateway to China. Sightseeing features the Memorial Hall of Dr.Sun Yat-sen, the Six Banyan Pagoda and Temple. Time permitting, visit the Yue Xiu Park and the Pearl River.(B-L-D)

Day14 Departure -Guangzhou Departure Guangzhou. Your exciting journey draws to a close as you board an express train for Hong Kong or your international flight home. (B)

B:Breakfast L:Lunch D:Dinner