

[Tour code: TE-005] Lhasa (4 Day / 3 Night)

Day01 Arrive in Lhasa The guide will meet you at Konggar Airport, and transfer you to Lhasa city with about 1 1/2 hours' driving (100km). On the way, you'll be greeted by Nie Tang Buddha - a Buddha image engraved in the mountain face. After arrive in Lhasa, rest and acclimatize. Overnight in Lhasa (D)

Day02 Lhasa The first day of sightseeing starts from Lhasa's cardinal landmark-Potala Palace, a structure of massive portions. Its towering image already appearing on various occasions, but your first sight of the Potala will still be an awe-inspiring moment. It takes at least a good 2-hour to visit those rooms, halls and chapels. Some 2km to the east of the Potala is the most revered religious structure in Tibet - Jokhang Tempel. Bustling with worshippers and redolent with mystery, the Jokhang is an unrivalled experience. The quadrangle of streets surrounding the Jokhang is the Barkhor - Lhasa's most interesting pilgrimage circuit. This area of the Old Town is both the spiritual heart of Lhasa and the main commercial district for Tibetans. Overnight in Lhasa. (B-L-D)

Day03 Lhasa About 8 km west of central Lhasa is the Drepung, once world's largest monastery with about 10,000 monks. This day's sightseeing begins with these white monastic buildings piled up on the hillside. Walking up to the hill is a pleasant thing, an easy break from the solemn ambience inside the halls and chapels. At the plat roof of hillside, you can have very good views of the whole Lhasa city and the distant mountains.

Drepung is one of Lhasa's two great Gelugpa monasteries, the other is Sera. Around 5km north of central Lhasa, Sera may not be as grandiose as Drepung, but is more

serene surrounded by many small temples. The "Buddhism Scriptures Debating" in Sera is very famous. Overnight in Lhasa.

Day04 Leave Lhasa Pack your luggage and get ready for leaving. The guide will transfer you to the airport, and help you board the plane. Say goodbye to Tibet and fly out. .(B)

B:Breakfast L:Lunch D:Dinner