

[Tour code: TE-007] Xegar - Lhasa (9 Day / 8Night)

Day01 Arrive in Lhasa The guide will meet you at Konggar Airport, and transfer you to Lhasa city with about 1 1/2 hours' driving (100km). On the way, you'll be greeted by Nie Tang Buddha - a Buddha image engraved in the mountain face. After arrive in Lhasa, rest and acclimatize. Overnight in Lhasa (D)

Day02 Lhasa The first day of sightseeing starts from Lhasa's cardinal landmark-Potala Palace, a structure of massive portions. Its towering image already appearing on various occasions, but your first sight of the Potala will still be an awe-inspiring moment. It takes at least a good 2-hour to visit those rooms, halls and chapels. Some 2km to the east of the Potala is the most revered religious structure in Tibet - Jokhang Tempel. Bustling with worshippers and redolent with mystery, the Jokhang is an unrivalled experience. The quadrangle of streets surrounding the Jokhang is the Barkhor - Lhasa's most interesting pilgrimage circuit. This area of the Old Town is both the spiritual heart of Lhasa and the main commercial district for Tibetans. Overnight in Lhasa. (B-L-D)

Day03 Lhasa-Yamdroktso-Gyantse-Shigatse Yamdroktso (4441m), one of Tibet's three holy lakes, is located 110km outside of Lhasa. It's mostly mountain road, winding and bumpy, even thrilling somewhat. After about 3 1/2 hours' driving, climbing over the snow pass of Kambala(5030m), the dazzling Yamdroktso just lies several hundred meters below the road, and in clear weather is a fabulous shade of deep turquoise. Far in the distance is the huge massif of Mt. Nojin Kangtsang (7191m).

After down from the mountain, there's about 30km road along lakeside, with barley fields on the other side of the road. A nice walk by the lakeside can be a great joy. Leaving Yamdrokso is as spectacular as arriving, since you'll cross the 5045m Karola, with its awesome roadside views of the Nojin Kangtsang Glacier.

With the Glacier scene still exciting you, after about 90km, you get to Gyantse. It's just 1 1/2 hours' driving (98km) from Gyantse to Shigatse. Overnight in Shigatse. (B-L-D)

Day04 Shigatse-Sakya-Xegar Miles away from Shigaste, you can already see the gold tops of Tashilhunpo shinning under the sun. While Tashilhunpo's magnificent outside leaves you gasp in admiration, the inside of this monastery introduces you more religious tranquility and sincerity. Drive Shigatse to Xegar via Sakya monastery. Overnight in Xegar. (B-L-D)

Day05 Xegar - Rongbuk monastery - EVEREST Base Camp From Xegar, leave the main highway and head towards Rongbuk Monastery, the highest Monastery



in the world. The views up the valley towards Mt Everest are simply stunning. Then drive to Everest Base Camp. Overnight in Rongbuk or Everest Base Camp. (B-L-D)

Day06 Rongbuk - Lhatse - Xigatse Continue scenic drive from Rongbuk to Xigatse via Lhatse where a road to

MT KAILASH bifurcates to the west. Overnight in Xigatse. (B-L-D)

Day07 Xigatse - Dazhuka - Yambajin - Lhasa Drive from Xigatse to Yambajin via Dazhuka, take a sightseeing at Yambajin, the biggest hot spring in Tibet, visit the famous geothermos filed and the geothormos generator. Then transfer back to Lhasa. Overnight in Lhasa. (B-L-D)

Day08 Lhasa Full day guided city tour sightseeing. In the morning, you will visit the No. 1 Monastery of Gelugpa, Drepung Monastery, which is the richest monastery ever in Tibet, and is still active today. Then you will guided to the summer palace of Dalai Lama, the treasure Park of Tibet - Norbulingka, transfer to hotel. Overnight on Lhasa. (B-L-D)

Day09 Lhasa-Beijing Drive group come to Lhasa airport after have B.B and fly Lhasa/Beijing. (B)

B:Breakfast L:Lunch D:Dinner