

[Tour code: CT-002] Lhasa, Yampachen, Namtso Lake (5 days)**Day01 Arrive in Lhasa**

Arrive in Lhasa, an amazing city where devout Buddhists and the fashionable set enjoy their lives in different ways. The guide will meet you at Konggar Airport, and transfer you to Lhasa city with about 1 1/2 hours' driving (100km). On the way, you'll get greeted with Nie Tang Buddha – a Buddha image engraved in the mountain face. On arrival at the hotel, rest and acclimatize yourself to the local time and altitude.

Day02 Lhasa

The first day of sightseeing starts from Lhasa's cardinal landmark - **Potala Palace**, a structure of massive portions. Its towering image has already appeared on various occasions, but your first sight of the Potala will still be an awe-inspiring moment. It takes at least a good 2-hour to visit those rooms, halls and chapels. Some 2km to the east of the Potala is the most revered religious structure and the holiest temple in Tibet - **Jokhang Temple**. Bustling with worshippers and redolent with mystery, the Jokhang is an unrivalled experience. The quadrangle of streets surrounding the Jokhang is the **Barkhor Market** - Lhasa's most interesting pilgrimage circuit. This area of the Old Town is both the spiritual heart of Lhasa and the main commercial district for Tibetans. (B)

Day03 Lhasa

Sightsee of the Drepung Monastery, Sera Monastery and Norbulingka in Lhasa. **Drepung Monastery**, the largest and richest monastery in Tibet, was founded in 1416 by a disciple of Tsong Khapa under the patronage of a noble family and later enlarged by the Fifth Dalai Lama. Nowadays it stands as Tibet's most important and largest monastic university in

Tibet. **Norbulingka Park** (Treasure Garden) was built in the 1740s during the reign of the seventh Dalai Lama. Later it was renovated and enlarged and became the Dalai Lama's Summer Palace. **Sera Monastery** is located a few miles to the north of Lhasa, is one of the three largest monasteries. (B)

Day04 Lhasa-Yampachen-Namtso Lake-Lhasa

Today's highlight is to appreciate the Northern Tibet pastoral land & hot spring area --- Yampachen and Lake Nam Co. The "Yampachen" thermal spring, which located 120 km of Lhasa. Then, you will visit the **Namtso Lake**, lying at the foot of Nyainqentanglha Mountain, the highest lake in the world. is considered as the holy lake in Tibet. On the



way, you will greet with the spectacular scene of vast **Northern Tibet Grassland**.

Day05 Depart from Lhasa

Be transferred to the airport, and prepare for boarding on the flight for next station. (B)